

PRINCE ALBERT & AREA

Food Charter

Every community member has the basic right to a secure, affordable, and nutritious food supply, which is produced in an environmentally sustainable manner.

Community Health and Wellness

- Ensure equal access to adequate income, housing and transportation for all community members.
- Promote good health and prevent disease among our community members through nutrition knowledge and access to wholesome nutritious foods.
- Educate our community on the benefits of breastfeeding and encourage all community facilities and businesses to support mothers to breastfeed.

Community Growth

- Promote partnerships between local food producers and the community, which are focused on increasing production and availability of locally grown food.
 - *Maximize opportunities for rural and urban food partnerships.*
 - *Work towards achieving growth, self-reliance and sustainability of local food production.*
- Increase the availability of healthy, wholesome foods within the community's facilities and businesses by having city, public and community organizations working together.

Community Action

- Foster a culture that empowers and inspires our community to support food security initiatives that encourage access, affordability, and self-sufficiency.
- Develop and implement practical initiatives that provide education and address the impacts of food insecurity.
 - *Ensure each child in our community has access to nutritious food that enables effective learning, healthy development, and a sense of food security.*
 - *Provide community members with programs and services that focus on nutritional awareness and active living, which can assist community members to manage diet and prevent disease.*
 - *Ensure that at risk groups have access to programs that support health and independence.*
 - *Facilitate practical education programs that promote food security.*
- Increase community fellowship by bringing groups together to share in distinctive multi-cultural food customs and traditions.

Food security exists when all people, at all times, have physical and economic access to sufficient, safe and nutritious food to meet their dietary needs and food preferences for an active and healthy life

(World Food Summit, Rome, 1996).